

HAUT- UND  
LASERZENTRUM  
AN DER OPER



# MESOTHERAPY

Anti-aging • Wrinkle treatment • Cellulite • Stretch marks • Hair loss

[www.haut-und-laser-zentrum.com](http://www.haut-und-laser-zentrum.com)





Dear Patients,

Mesotherapy is a combination of neural therapy, acupuncture and medication therapy. Cocktails of pharmaceuticals in very low dosages are administered as close as possible to the area being treated by way of multiple micro-injections into the skin. Back in the 1960s, when this method was first introduced, it was used to treat migraines, neurological diseases and respiratory problems. Mesotherapy made a comeback in the 1970s and has been popular ever since for dermatological and aesthetic medicine applications. It is an excellent treatment for cellulite, hair loss, wrinkles and skin aging. Mesotherapy is a non-surgical treatment which promotes blood and lymph circulation, tissue detoxification and regeneration, fat reduction and the generation of new collagen, delivering astounding results. Professionally administered mesotherapy treatments are practically risk free and not usually associated with side effects. There is no recovery time and you can return to your daily activities immediately after treatment.

At our surgery, we have been working successfully with mesotherapy for many years now. Please call us to arrange an appointment if you are interested in mesotherapy treatments. We will also be happy to advise you on whether you can optimise the results of mesotherapy by combining it with other treatments.



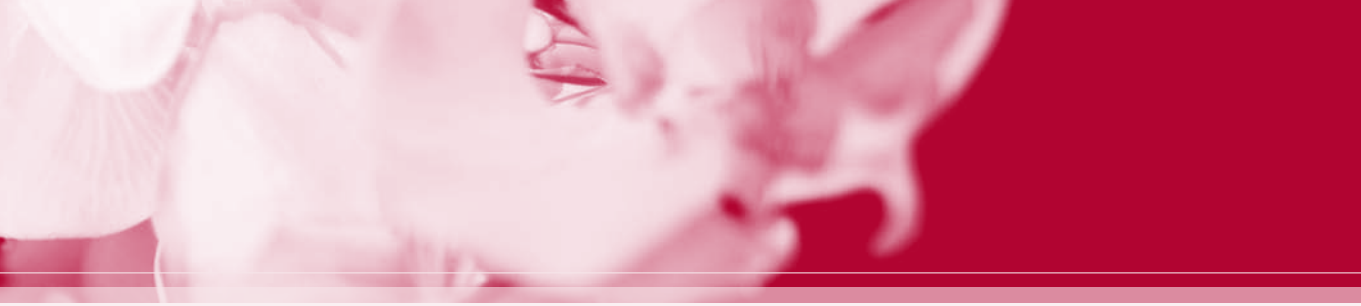
Dr. med. Stefan Duve



Dr. med. Hans-Peter Schoppelrey



Dr. med. univ. Wolfgang Niederdorfer



## ANTI-AGING AND WRINKLE TREATMENT

Mesotherapy opens up a whole new range of possibilities in anti-aging therapy, offering an effective method of counteracting wrinkles and sagging skin on the face, neck and cleavage. It often prevents or delays the need for a face lift.

We use barely perceptible mini-injections to administer the active ingredients to the areas where the most blood vessels are located and to the areas where there are visible signs of aging. After the treatment, the patient's skin looks lifted because the injections stimulate collagen production. Mesotherapy also boosts the skin's microcirculation, which improves its ability to absorb nutrients and eliminate toxins. We recommend a patient-specific cocktail of vitamins, minerals, amino acids and antioxidants, enriched with hyaluronic acid to maximise the effect. The treatment is quick to perform. Perfect results are obtained after several sessions at intervals of 2 to 4 weeks. It is often a good idea to combine mesotherapy with other cosmetic treatments such as peels.

## CELLULITE

Mesotherapy also delivers effective results in the reduction and elimination of cellulite. Minute micro-injections are applied to the surface or deeper layers of the skin either manually or using a special "gun".

This gentle non-surgical treatment can permanently reduce surplus fat deposits and improve the appearance of cellulite. Each treatment is approx. 15 minutes in length. The first treatments should be weekly, then once a month. Afterwards, 1 treatment per year is necessary to keep cellulite at bay. Don't take any aspirins or moisturise your skin in the 3-5 days prior to treatment. Afterwards, do not sunbathe for 2 days, don't take a bath for 24 hours and don't wear any dyed, new or tight clothing. It is often practical to combine mesotherapy with an LPG High-tech Lipomassage or an Accent laser treatment.

→ You can find further information about cellulite in our "Body, Arms & Legs" brochure at [www.haut-und-laser-zentrum.com](http://www.haut-und-laser-zentrum.com)

## STRETCH MARKS

In addition to the Rio method, we also use mesotherapy to reduce and eliminate stretch marks that are less than 18 months old (i.e. still pink).

Stretch mark therapy is also performed in cycles. It is not possible to say how many treatments will be necessary until the patient has been examined. The result is maintained by top-up treatments.

→ You can find further information about stretch marks in our "Body, Arms & Legs" brochure at [www.haut-und-laser-zentrum.com](http://www.haut-und-laser-zentrum.com)



## HAIR LOSS

One of the most common uses of mesotherapy is in the treatment of conditions causing hair loss or a considerable weakening of the hair structure. It is a particularly effective treatment for hormone-related hair loss in men and women.

When we have established the precise cause of the hair loss, we apply tiny amounts of an active ingredient blend to a depth of 1 millimetre below the scalp by way of micro-injections. This revitalising cocktail directly nourishes, stimulates and regenerates the hair roots, enabling hair regrowth. This treatment will only work if the roots are still alive. We always supplement the mesotherapy treatment with hormones to further boost hair growth.

5 to 8 appointments over a 2 week period are necessary to stimulate hair growth, which usually commences after 2 to 3 months. The hair has to be washed carefully before each treatment. Colorations and perms should not be applied in the 24 hours after the treatment. This is an out-patient treatment which involves minimal discomfort and is very well tolerated.

→ You can find further information about hair loss in our “Classic Treatments” brochure at [www.haut-und-laser-zentrum.com](http://www.haut-und-laser-zentrum.com)

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