

HAUT- UND
LASERZENTRUM
AN DER OPER



DETOX PROGRAMMES

Detoxification • Purification • Deacidification

www.haut-und-laser-zentrum.com

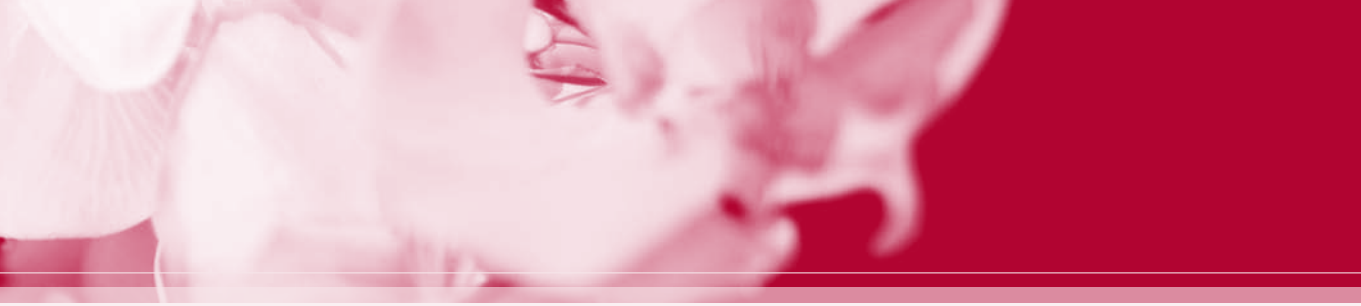




DETOX. THE GENTLE AND NATURAL WAY TO ELIMINATE TOXINS

Detox – which means to eliminate toxins – is currently one of the most popular spa programmes around and it's just the thing for people who don't want to fast, but would still like to rid their bodies of contaminants, environmental toxins and wastes. Contaminants and environmental toxins absorbed from food, the air or water and the increasing over-acidification of the body due to lack of exercise, stress and an imbalanced diet impair the body's metabolism and make us feel unwell and lethargic. Too many toxins in the body can result in complaints such as stomach disorders, high cholesterol, obesity and impure skin.

Our detox programmes are always based around our patients' needs and they include herb steam baths, algae packs and lymph drainage to encourage the elimination of toxins via the skin. At the same time, the body's cells are revitalised and the body's fluids are purified. We recommend that you drink a lot of low-carbonated mineral water before and during the treatment because this helps flush out the toxins. Toxin levels decline demonstrably after only a few treatments and the patient feels perceptibly energised, fresh and productive. One of our special treatments is a new body detox method from Bangkok. It eliminates up to 95 percent of body toxins via a foot bath. The process is supplemented by cosmetic toning and detox treatments.



We recommend several detox treatments in succession, ideally as part of a course of wellness treatments, to eliminate excessive acidity and harmful toxins from your body. Women notice an improvement of skin firmness and a marked reduction of cellulite on their legs and bottom after detoxing. The connective tissue tightens, which reduces the appearance of varicose veins to such an extent that surgical procedures are rendered unnecessary.

Detox facial treatments and detox foot baths

They have an intensive detoxification and metabolism-boosting impact. They also alleviate stress and have a harmonising and regenerating effect. Clarifies and purifies the skin. 4 treatments of around 60 minutes in length.

Detox Wrap

Salt-and-oil scrub and algae pack. Intensive detoxification treatment. Effectively smoothes problem zones and cellulite. Visible and measurable results. This is an effective post-diet or pregnancy treatment. 4 treatments of around 60 minutes in length.

Some detox treatments are performed by our medical cosmetology specialists and some by the trained and experienced staff at our AIYASHA DAY SPA.

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SURGERY: Open Mon to Fri 8.30 am to 12.30 pm, Mon and Wed 3 pm to 5.30 pm, Tues 3 pm to 6.30 pm, Thurs 3 pm to 7.30 pm and by appointment · Bookings: Surgery +49-(0)89-260 22 442 · Laser +49-(0)89-26 84 74

MEDICAL COSMETICS: Mon to Thurs 8 am to 7.30 pm, Fri 8 am to 5 pm, Sat 8.30 am to 1.30 pm and by appointment
Bookings: +49-(0)89-260 22 943 · E-mail kosmetik@haut-und-laser-zentrum.de



New! AIYASHA Medical Skin Care & Spa · Perusastr. 5 · 80333 München · Germany · Open daily from 9 am to 9 pm, also on Sundays and public holidays · Bookings on Tel +49-(0)89-210 24 55-0 or at www.aiyashaspa.com